



Helping You Better Manage Your Healthcare Needs

What is Care Coordination?

Patients with multiple chronic conditions and medications who live at home can find it very difficult to access and arrange all the services they need to self-manage their care.

Care coordination covers:

- Answering questions you have about your health care (medications, treatments, visits, therapies)
- Talking through your concerns
- Teaching you how to manage your disease or symptoms
- Assisting in scheduling appointments and tests
- Making sure your prescriptions are ordered and filled
- Reviewing your medications
- Connecting you with needed services and resources
- Helping you get equipment and supplies
- Assessing your need for other support services

The Circle Home Program offers a dedicated nurse care coordinator (RN) who will help you get all the care you need that has been prescribed for you and serve as an extension of your primary doctor or nurse practitioner as well as a bridge to your specialists, pharmacy, and other providers.

Why is Help Important?

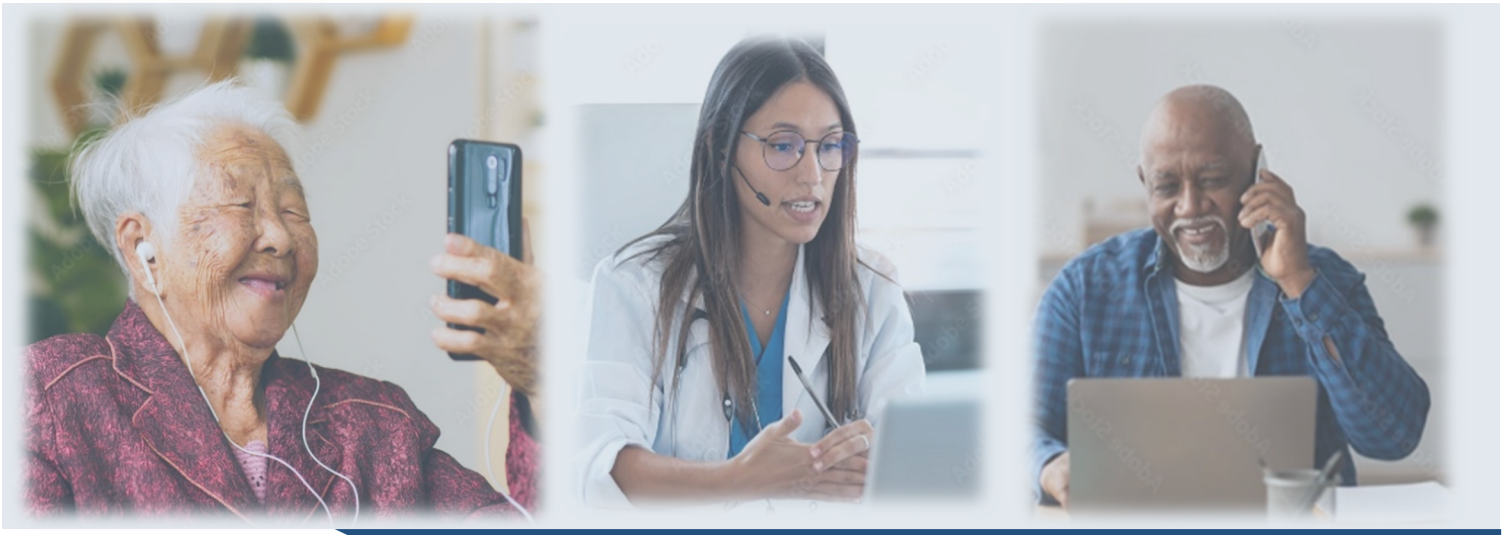
Managing chronic illnesses such as high blood pressure, diabetes, and arthritis is time consuming and can be confusing. Navigating a complex, fragmented health system is also daunting. Chronic conditions are often lifelong and require continuous access to a complex health system. Having a nurse advocate understand and coordinate care for you individually will help you gain enhanced access to the services and treatments you need and deal with the many effects of chronic illnesses in daily life.

How Does Care Coordination Help Me?

Your primary doctor or nurse practitioner wants to make sure you have the support and resources you need to avoid complications that could worsen your health and stability at home.

The Circle Home Program helps eliminate barriers and assists you to:

- Arrange transportation to appointments
- Understand complex treatment plans or instructions from your doctors
- Get your medications and help you know how and when to take them
- Have clear explanations about your care and treatment plans
- Make your home safer
- Avoid emergency room visits, hospital stays, and overcrowded waiting rooms
- Be heard and have your choices about your care known
- Live your life as you want to live it



Can My Family or Caregiver Be Involved?

Yes! Involving your family members or other caregivers is an excellent way to help you get the care you need.

Your RN will work closely with you and the other caregivers you choose such as members of your family.



Who Will Be Helping Me?

Your dedicated RN works with a multidisciplinary team of healthcare professionals, including nurse practitioners and social workers as well as physicians who will coordinate with your primary doctor or nurse practitioner who will remain your medical “quarterback”.

You will have access to your RN when you need it – you are never more than a phone call away from the support you need. The RN will also initiate contact with you to check in as needed to see how you are doing and keep your primary doctor or nurse practitioner and other providers informed.

Getting Started Is Easy!



Your primary care doctor or nurse practitioner will let us know you are interested in receiving care coordination services.



Circle Home Telehealth Services will answer any questions you may have and get your verbal consent to participate in care coordination services.



To get started, we will schedule a video appointment with you and our nurse practitioner, gather all your pertinent medical information and set up your first call with your dedicated RN.

What Will It Cost Me?

Chronic Care Management is a covered Medicare benefit and, like other care you receive, may be subject to an annual deductible and copays. If you have supplemental insurance or a Medicare Advantage Plan, the copay is typically covered with little or no out-of-pocket expense. Prior to starting any services, we will find out whether you have cost sharing and help you to better understand your coverage and costs you may have as well as to how best to handle these.

**Contact us at 844-245-7232 or
visit our website at www.circlehome.us**